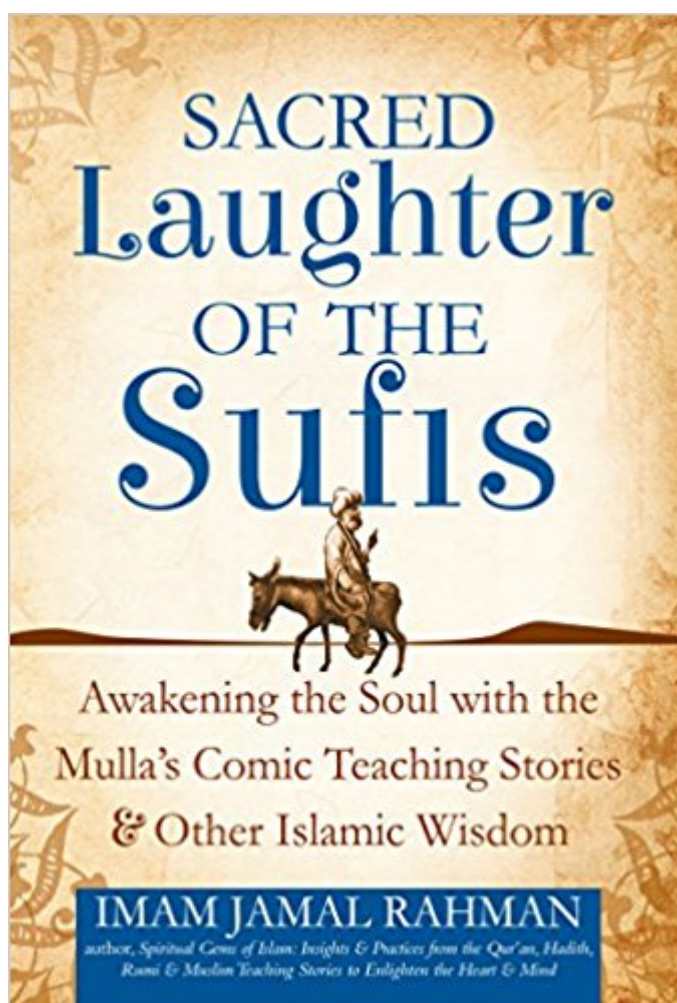


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Sacred Laughter Of The Sufis: Awakening The Soul With The Mulla's Comic Teaching Stories And Other Islamic Wisdom



Synopsis

A first-of-its-kind combination of the legendary wisdom stories of Islam's great comic foil with spiritual insights for seekers of all traditions—•or none."We would do well to heed the Mulla's wisdom. One day, inevitably, our personal storms will not abate before causing destruction. Something will break our hearts and cause us to ask deeper questions. At that point we will become spiritual seekers, each in our own way.... We will begin to hear deep inside the mysterious calling of our soul to fulfill the purpose for which we were created."—from the chapter "The Storms in Our Lives"•The mythical Mulla Nasruddin is a village simpleton and sage rolled into one. His wisdom stories, timeless and placeless, emanate from a source beyond book learning, and contain several layers of meaning. In this unique presentation, Imam Jamal Rahman weaves together spiritual insights with the Mulla's humorous teaching stories and connects them to the issues at the heart of the spiritual quest. Addressing such topics as human vulnerability, the rigors of inner and outer spiritual work, the hazards of the ego and more, he roots the Mulla's stories in Islamic spirituality by pairing them with sayings from the Quran, the Prophet Muhammad, Rumi, Hafiz and other Islamic sages. Together, these sources combined with spiritual practices will awaken your spirit with laughter and inspire you to transform yourself and the world around you.

Book Information

File Size: 2796 KB

Print Length: 192 pages

Publisher: SkyLight Paths; 1 edition (April 1, 2014)

Publication Date: April 1, 2014

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B01HT6DCTI

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #318,904 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #28

in Kindle Store > Kindle eBooks > Religion & Spirituality > Islam > Sufism #157 in Books >

Customer Reviews

I chose a 5-star rating because it is one of the best books I've read in a long time. It was compelling and it sucked me in. I laughed, I teared up, and I felt great humility. I have much love for the Sufi path and it has given me many reference points onto which I can continue my journey. God bless Imam Jamal Raman for this book and God bless God for it too.

...but don't worry if he's riding his donkey backwards - that's part of his master plan to help you! Written by the Muslim member of the Interfaith Amigos (<http://interfaithamigos.com/Home.html>), this wonderful book starts with a great number of the stories of Mullah Nasruddin, the wise fool, and each one leads to an exercise or meditation that leads to enlightenment in a gentle fashion. Highly recommended!

Jamal is a master storyteller, along with the mythological Mullah, and clearly demonstrates how the Mullah's and Rumi's wisdom can be applied to our lives. Humor is a great teacher.

This book is both heart centered, belly centered and educational for the soul. I had some difficult circumstances come up and I happened to have this book with me and everytime there was something in the book that actually directly helped me in my situation. And, I was dying laughing while in the middle of it. I'm grateful for Jamal's book. Very very grateful.

It is an excellent book. Islam has been getting some really bad views. It is the people and definitely not the religion. This book makes Islam look like the great religion it is like all other religion, it teaches one to be kind, good and forgiving.

Absolutely delightful book and very well written. I'm having a blast reading it. So glad I ran into it on

The author seems to have a good understanding of the Sufi message and has arranged the Mullah stories as examples and food for thought.

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